

## Value Lab Report 2024 – 2025

To uphold the moral foundation of our institution and the role of National Educational Policy in integrating values with academic and co-curricular courses, Value Lab Association enrolled 30 First Year students and 32 Second Year students across all the streams. Along with two teaching faculty and Core Student Volunteers designed the Value Calendar for the academic year. Values such as Humility, Patriotism, Charity, Hope, Patience, Empathy, Resilience, Simplicity and Persistence were covered in the span of nine months.

- The Value Lab participated in the college's annual literary fest, 'Utkarsha', by hosting the events 'Viva La Vida' on 23<sup>rd</sup> December 2024 which sought to create an immersive, fun experience for its participants and 'The Art Affair' on 22<sup>nd</sup> December 2024 which aimed to create an engaging experience for its participants through its vibrant floral theme. The values of unity and art formed the foundation of the event.
- Conducted an event 'Seeds of Hope: Cultivating a Brighter Tomorrow' on 26<sup>th</sup> October 2024. The online session was guided by Children psychologist Ms. Rita Mendonca, founder of My Mind Gains, with an aim to explore the power of hope and its role in shaping our future.
- Value Lab Association conducted an Extension and outreach activity on the value of 'Charity' in S.I.E.S School, on the 27<sup>th</sup> September 2024. The Event was held with an aim to instil the value of charity in students of 8<sup>th</sup> grade. The volunteers helped the students to realise their potential to help others through charity.
- The Value Lab Association conducted a fundraiser event on 13<sup>th</sup> September 2024, based on value of the month 'Charity'. Charity, at its core, is about helping those in need and showing kindness and compassion to others. This event aimed to promote these values and inspire students to make a positive impact.
- The Value Lab Association conducted an extension and outreach activity at SIES High School, Matunga, based on the value for the month of August: Patriotism on 29<sup>th</sup> August 2024. the students were introduced to lesser-known freedom fighters to broaden their understanding and encourage deeper conversations.
- The Value Lab Association in collaboration with the Politics Association held a debate competition 'Flags and Scars' on 26<sup>th</sup> August 2024. The topic was whether the feeling of patriotism had an impact on protecting women's rights.
- The Value lab conducted Extension and outreach activity on 16<sup>th</sup> August, 2024 at SIES APJ Abdul Kalam Memorial High School centred around the value of the month – Patriotism. This event aimed to instil a sense of national pride and awareness in students from the 5<sup>th</sup> to the 10<sup>th</sup> grade.
- The Value Lab conducted 'Value pe Charcha - Patriotism' on 8<sup>th</sup> August 2024. The event aimed to instil participants with the value of Patriotism, focus on ways we as citizens could contribute to our country.
- The Value Lab conducted its inaugural event 'Tunes and Tales: Harmonies of Humility' on 18<sup>th</sup> July, 2024. The aim of this event was to familiarise participants with the importance of the values in life, and ways to implement it.

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